Maracas/Shaker

To make your own recycled Maracas/Shaker you will need:

- A clean empty plastic bottle with a screw top – any size will do.
- Something to decorate it with – paint, stickers, sticky tapes, ribbons and marker pens are all suitable.
- Something to put inside such as beads or buttons, or dried food such as pasta or lentils.

Experiment with different fillings and different amounts of fillings to get different sounds.